# STITH & ASSOCIATES HEALTH INSURANCE AGENCY, INC.

May 15, 2023

Monthly Newsletter

## MENTAL HEALTH AWARENESS MONTH

During National Mental Health Awareness Month, we honor the absolute courage of the tens of millions of Americans living with mental health conditions, and we celebrate the loved ones and mental health professionals who are there for them every day. Treatment works, and there is no shame in seeking it.

#### Be sure to ask about Medicare & Your Mental Health Benefits.

#### WE OFFER MORE THAN MEDICARE

- Employee Benefits
- Individual Health
- Life Insurance
- Travel Insurance
- Dental Insurance
- Vision Insurance
- Small Groups
- Telemedicine
- Identity Theft

We are also licensed in... Kentucky Louisiana Maryland

### DID YOU KNOW?

We are looking for vendors for our Annual Community Day on August 5 from 10am - 4pm.



August 5: 10am - 4pm Community Day (ask about the Fox Chase Cancer Center's Mobile Mammography and Vaccines available onsite.)

### Interested In Learning CPR?

Cardiopulmonary resuscitation is an emergency procedure consisting of chest compressions often combined with artificial ventilation in an effort to manually preserve intact brain function until further measures are taken to restore spontaneous blood circulation and breathing in a person who is in cardiac arrest. 215-884-5580

https://www.stithhealthinsurance.com/